

Senior Women 100 Metres**CBP Janet Simpson LOAC 11.9 1969**

Posn	Num	Name	Club	Perf
Final		w/s -0.8		
1	25	Joanna Richards	StA	13.45

Senior Women 400 Metres**CBP Joylyn Saunders SNH 54.7 1982**

Posn	Num	Name	Club	Perf
Final				
1	174	Kerry Dixon	Ips	60.22
2	231	Rhiannon Griffin	FVS	66.51
3	259	Amanda Rochester	Bar	69.26

Senior Women 800 Metres**CBP Nikki Silva HPx 2:13.49 2007**

Posn	Num	Name	Club	Perf
Final				
1	231	Rhiannon Griffin	FVS	2.35.49

Senior Women 5000 Metres**CBP Sharon Morris H&W 16:32.1 2002**

Posn	Num	Name	Club	Perf
Final				
1	127	Liza Croft	Wat	20.23.68
2	123	Angela Halford	Wat	20.55.43

Senior Women 100 Metres Hurdles**CBP Jill Kirk Enf 13.9 1986**

Posn	Num	Name	Club	Perf
Final		w/s +2.8		
1	64	Louise Kelly	StA	20.12

Senior Women 400 Metres Hurdles**CBP Deborah Skerritt LOAC 60.3 1983**

Posn	Num	Name	Club	Perf
Final				
1	95	Lucy Spray	Bed	69.93

Senior Women 2000m Steeplechase**CBP No existing cbp**

Posn	Num	Name	Club	Perf
Final				
1	127	Liza Croft	Wat	8.23.23

Senior Women Pole Vault**CBP Louise Shortland SNH 3.50m 2009, 2011, 2012**

Posn	Num	Name	Club	Perf	Details
Final					
1	188	Anne Rees	SNH	3.50	3.40 xo; 3.50 o; 3.60 xxx
2	142	Louise Shortland	SNH	3.20	3.20 xo; 3.50 xxx
3	116	Sue Yeomans	StA	2.60	2.40 o; 2.50 xxo; 2.60 xo; 2.70 xxx
4	64	Louise Kelly	StA	2.40	2.40 xo; 2.50 xxx

Senior Women Shot**CBP Shelley McLellan SNH 12.70m 2006**

Posn	Num	Name	Club	Perf	Details
Final					
1	64	Louise Kelly	StA	9.22	9.13 9.22 8.68 9.18 9.22 9.19

Senior Women Hammer**CBP Nicola Dudman HPx 48.92m 2004**

Posn	Num	Name	Club	Perf	Details
Final					
1	110	Beccy Knapp	Una	38.13	nt nt 38.13 nt nt nt
2	240	Katie Parker	E&H	36.85	35.56 36.35 33.14 29.69 35.78 36.85

Senior Women Javelin**CBP Paula Blank Ver 40.92m 1996**

Posn	Num	Name	Club	Perf	Details
Final					
1	112	Eloise Meakins	HPx	50.16 CBP	47.45 48.53 50.16 49.27 47.55 nt